



Advancing the Art of Living.

August 20, 2020

Dear Family Member,

In last week's letter we reported that an elder at the Jewish Home at Rockleigh had tested positive for COVID-19. We can tell you that the first follow up test returned a negative result and a second test has been performed and we are awaiting results. In this week's testing, all of the elders on both campuses have tested negative although not 100% of the test results are available yet. We did, however, have two staff members test positive. Both of those individuals work on the Rockleigh campus and, following our protocol, both will be retested. Should the second test result be negative, a third test will be performed. Until all of those test results are received both individuals will be in self quarantine at home. We do not believe that there is any cause for concern and we will, of course, keep you updated.

As you know, we received guidelines from the New Jersey Department of Health last week on "re-opening," which refers to our ability to have visitors inside our buildings. The plan is very complex and details a number of levels that we have to achieve in order to move the re-opening process, as defined by the State, forward. The Department of Health held a webinar today to try and provide some additional clarification and there were over 900 senior care providers on the call so, clearly, there are many questions we all have. Our team continues to work through the requirements and to develop our protocols and we will keep you posted as we move forward.

We will be offering another family Zoom event over the course of the next week or so and will send you a notice so that you can join us. If you would like to attend another kind of Zoom event, we do have a community event this evening that is open to everyone. When we had to close our doors in March we, of course, had to close our successful Rock Steady Boxing program in all three locations. This program specifically focused on individuals with a diagnosis of Parkinson's disease. Undaunted, we switched the program to a virtual format and we offer classes twice each day. Because we cannot officially be a Rock Steady program without a gym or equipment, we've made it a Wellness program with both exercise and boxing and opened it up to anyone who would like to attend, no longer limiting it to only those who have a diagnosis of Parkinson's. We've had a steady and growing enrollment and it's proven to be a great source for both fitness and connection, especially for elders living in the community. If you'd like to check it out, please feel free to register and join us. You can do that at [JewishHomeFamily.org/FamilyWellnessBoxing](https://www.jewishhomefamily.org/familywellnessboxing). The program begins at 5:45 pm and will conclude at 6:30 pm.

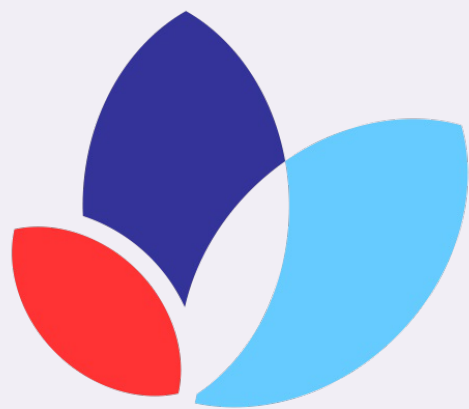
We continue our vigilance around infection control education, hand washing and proper use of PPE as well as cleaning and disinfecting. We remind our staff to be careful in their own lives and we urge you to do the same. Washing your hands, wearing a mask and practicing social distancing all matter and we hope that you are safeguarding your health as well.

Be well,

Carol Silver Elliott
President and CEO
The Jewish Home Family



Dr. Harvey Gross
Medical Director
The Jewish Home Family



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